

Experience Your Good Now!: Learning to Use Affirmations



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Reviews

A very great pdf with lucid and perfect explanations. It really is rally interesting through reading time period. You wont really feel monotony at at any moment of your own time (that's what catalogs are for about in the event you question me).

(Keshawn Schneider)

EXPERIENCE YOUR GOOD NOW!: LEARNING TO USE AFFIRMATIONS



Hay House Inc. Paperback. Book Condition: new. BRAND NEW, Experience Your Good Now!: Learning to Use Affirmations, Louise L. Hay, In this delightful book, Louise Hay discusses the power and importance of affirmations and shows you how to apply them right now! Louise explains that when you state an affirmation, you're really saying to your subconscious mind: 'I am taking responsibility. I am aware that there is something I can do to change.' Within these pages, Louise discusses specific topics and concerns (health, fearful emotions, addictions, prosperity issues, love and intimacy and more) and presents exercises that show you how to make beneficial changes to virtually every area of your life. On the accompanying audio download included, Louise offers you helpful information about affirmations that you can also use to your benefit. She recommends that you listen to it at any time of the day or night - whenever you'd like positive thoughts and ideas to permeate your consciousness and fill you with hope and joy. 'It takes some time to go from a seed to a full-grown plant. And so it is with affirmations - it takes some time from the first declaration to the final demonstration. Be patient!' Louise Hay.



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