



Look Amazing Naked: Achieving Maximum Results through Lifestyle, Activity, and Nutrition

By Justin Robinson

Golden Hill Publishing Company. Paperback. Condition: New. 142 pages. Dimensions: 9.0in. x 6.0in. x 0.4in. Why Look Amazing Naked Best Seller will change your life FOREVER Justin Robinson, celebrity personal trainer, and Andrew Keene, financial media icon, team up to explain their secrets to losing weight, building muscle, and staying in great shape year round. Justin shares his journey from average guy looking to build a little muscle and get a six pack to one of the most sought-after celebrity personal trainers in Southern California. Having a strong background as one of the nations top fitness models and a national level bodybuilder; Justin trains his celebrity clients the same way he trains his own body! Andrew Keene is an average Midwest guy who enjoys playing sports and always enjoyed winning. He won third place at a Brazilian Jiu-Jitsu tournament, finished in the top 20 of an Olympic Triathlon, and won numerous basketball leagues. However, he never knew what it took to Look Amazing Naked until he met Justin Robinson in San Diego in 2014. He went from the skinny-fat guy at about 17.5 body fat to a shredded 7.4 within months of working with the Dynamic Duo. Have you...



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