



## Integrative Body-Mind-Spirit Social Work: An Empirically Based Approach to Assessment and Treatment (Hardback)

By Mo Yee Lee, Celia Hoi Yan Chan, Cecilia Lai Wan Chan

Oxford University Press, United Kingdom, 2018. Hardback. Condition: New. 2nd Revised edition. Language: English . Brand New Book. Integrative therapy focuses on the mind-body-spirit relationship, recognizes spirituality as a fundamental domain of human existence, acknowledges and utilizes the mind's power as well as the body's, and reaches beyond self-actualization or symptom reduction to broaden a perception of self that connects individuals to a larger sense of themselves and to their communities. When it was published in 2009, Integrative Body-Mind-Spirit Social Work was the first book to strongly connect Western therapeutic techniques with Eastern philosophy and practices, while also providing a comprehensive and pragmatic agenda for social work, and mental health professionals. This breakthrough text, written by a cast of highly regarded researchers from both Asia and America, presented a holistic, therapeutic approach that ties Eastern philosophy and practical techniques to Western forms of therapy in order to help bring about positive, transformative changes in individuals and families. This second features a major reorganization of Part III: Applications and Treatment Effectiveness, renamed to Evidence-informed Translational Practice and Evidence. Based on systematic reviews of Integrative body-mind-spirit practices, Part III provides a resource guide of different types of integrative practices used...



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