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# THE NEW SUGAR BUSTERS: CUT SUGAR TO TRIM FAT



Tantor Media Inc. No binding. Book Condition: New. MP3 CD. Dimensions: 7.6in. x 5.3in. x 0.6in. When Sugar Busters! hit the shelves almost five years ago, it quickly became a diet and lifestyle phenomenon. The millions of people across the country on the Sugar Busters! plan discovered that by simply choosing the correct carbohydrates and lowering their sugar intake, they could shed the pounds they failed to lose with other diets. Now the weight-loss program that swept the nation has been...

### Read PDF The New Sugar Busters: Cut Sugar to Trim Fat

- Authored by H. Leighton Steward
- Released at -



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## Reviews

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-- **Dr. Carmine Hayes MD**

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