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Unified Integrative Medicine: A New Holistic Model for Personal Growth and Spiritual Evolution (Hardback)

By Dr Nader Butto

AUTHORHOUSE, United States, 2014. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In recent years, people seek alternative ways to solve health problems by increasing use of Integrative medicine. The term integrative medicine by most definitions would include the idea and practice of adding complementary and alternative medicine (CAM) to range of therapeutic options in strictly conventional medical environments. However, the two approaches based on two different paradigms: the biomedical model based upon the reductionism principle whereby mind and body are separated and reduces the illness to a disturbance in the biochemical process and therapy is intended to restore the biochemical processes to normal. While most of the CAM based upon holistic principle that recognizes the body, psyche and soul as an integrated and coherent whole. However, the psychological and spiritual realms remain mysterious and separated from the biomedical model. This book presents a new paradigm whereby body and soul are two faces of the same reality like particle and wave in quantum physics. Disease is a process that indicates a dissonance between the soul and the physical body due to specific psychological conflict or trauma that leads to an imbalance of vital energy...



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