



## Bioidentical Hormones 101: Bioidentical Hormones, Natural Thyroid, and Natural Medicine (Paperback)

By Jeffrey Dach MD

iUniverse, United States, 2011. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. American medicine has lost its way. In Bioidentical Hormones 101, author Dr. Jeffrey Dach uncovers the ills in today's health care system and suggests ways to get it back on track. Through a series of articles that originally appeared on his Internet blog, Dach provides evidence that bioidentical hormones are safer and more effective than synthetic hormones. He describes how to win the information war and take control of your health. Questioning the prevailing medical dogma, he covers a wide range of topics related to health and health care: Natural thyroid iodine supplementation Selenium Dangers of GMO food Avoiding bad drugs Limitations of cancer screening with mammograms PSA testing Thyroid ultrasound Low-dose naltrexone Future of medicine Health insurance companies Dispensing the truth about drugs, health care, and medicine, Bioidentical Hormones 101 uses information to empower America to embrace a more holistic approach to health care.

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