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Pssst. Wanna Get Out of Your Own Way?: 31 Days to Rock Out with Your Bad Self!

By Jodie Baudek

Createspace, United States, 2014. Paperback. Book Condition: New. 244 x 188 mm. Language: English . Brand New Book ***** Print on Demand *****. I stopped following my plan and started following God's plan. -Steve Harvey, TV Host, Love Guru and #1 New York Times Bestselling Author
 Pssst. Wanna Get Out of Your Own Way? isn't just a 31-day journal or a quick read and then you're done-it's about stepping aside and letting your true self shine! From page one, you are committing to a lifelong journey to your inner peace and happiness! You are affirming you are ready to quit your self-destructive actions and treat yourself with nothing but love and care! To stop living in your rear view, to let go of your past! To let your carefree, sassy, wild side show! We as a whole spend way too much time looking at what is wrong in life, picking apart ourselves and our surroundings. We think we need to act a certain way by a certain age, that we need to fit into that certain stereotype of the good wife, the party animal, the career driven, the broken one, the bi**h, but we are so...



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