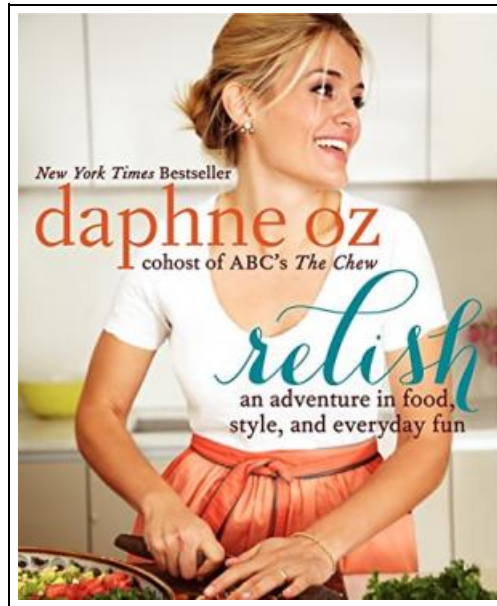


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William Morrow Company, United States, 2013. Hardback. Book Condition: New. 234 x 193 mm. Language: English . Brand New Book. Dive into the relish life! Daphne Oz, cohost of ABC's hit lifestyle show *The Chew*, shares the concerns of women everywhere: How can I eat food that is delicious and nutritious, live in a home that feels like mine, develop my personal style, find purpose and love in my life, get out and see the world, and still have me time left over? In short, how do I start living a life worth relishing? In *Relish*, Daphne shares her essential and practical advice for happy, healthy eating and delicious living--perfect for everyone who wants to start leading a better life right now. Filled with beautiful food and entertaining photos, real-world decorating ideas for achievable inspiration, and lots of creative lifestyle imagery, *Relish* offers easy ways to fill your life with fun. **Relish Food**--Life should be delicious! Enjoy happy eating and stress-free entertaining with more than fifty of Daphne's favorite, fail-proof recipes--the ones she turns to again and again: Banana-Pecan Buttermilk Pancakes; Chocolate Mint Chip Smoothie; Grilled Cantaloupe and Vegetable Salad; Chile Jam Chicken; or Spaghetti with Staten Island Special (Marinara) Sauce. And save room for desserts like Strawberry Cake with Caramel Fleur de Sel Whipped Cream Frosting or Chocolate Fudge Pops. Then raise a toast with inspired, festive drinks to suit the occasion, whether it's a Grapefruit Thyme Spritz or Spiced Winter Wine. **Relish Style**--Life should be beautiful! Daphne makes it easy to cultivate a stylish existence at home, in your wardrobe, and in your beauty kit with expert decorating, styling, and makeup tricks that will simplify your life and help you achieve the professional look on a budget. **Relish Life**--Life should be full! Getting the most out of life means figuring...



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