



Its Hard Losing Weight When Youre A Baptist

By Carrie Macon

Paperback. Condition: New. 114 pages. Foreword By Pastor Anthony K. Spottsville
In life there are some things that you just have no control over. Prepare to suffer the consequences because, for these things you can do nothing to prevent them. One such thing is aging. You cannot avoid the blurred vision, the aching joints, or the loss of firmness or texture in your skin; for some of us, the loss of hair can be a traumatic realization. Coming to terms with the unavoidable can be heart wrenching and depressing at times. I used to be a slim, strong, handsome fellow that was proud of what he saw as he looked into a mirror. Then after a while, I began to notice a change. This change was gradual, but it was nonetheless shocking. As I would sit at my computer and I would look in the mirror across the room, I noticed a fat man staring back at me. Then I realized that the fat man was ME! How did this happen Where did I go wrong And then it became clear to me. The answer hit me like a ton of bricks. I was swollen to an almost enormous size as...

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